

Dear Friends,

I was interested when watching the World Athletics championships from London recently when Brendan Foster the athlete and sports commentator was being interviewed about his retirement. During the interview he said that he wanted to take time to walk the Camino de Santiago which is a popular pilgrimage trail to Santiago de Compostela in Galicia in North West Spain. It is a walk I have long wanted to do, or at least a part of it so that I can experience the pilgrimage and, of course, receive the 'Compostela', the certificate to prove that I have walked at least 100 km of the walk. This is only issued if you can prove you have walked the route and if you have had your card, 'credencial', stamped with the official stamp of each of the towns along the 'way'. The most popular and the shortest route is known as the 'French Way', a 6 day walk that goes from Sarria in Galicia to Santiago a distance of about 115 km and maybe Jan and I will get around to making the trip one day before the old legs give out completely.

The Camino de Santiago is also known as the Way of St. James who the New Testament tells us was a son of Zebedee and the brother of John. Brothers who were called by Jesus to be amongst his earliest disciples. Legend has it that James took the gospel to Spain and that his remains are buried in the cathedral in Santiago de Compostela. However, Acts chapter 12 also tells us that James was executed by Herod so it seems unlikely that he was a missionary to Spain. Nevertheless the Camino has been popular as a way of pilgrimage for many centuries, especially in the Middle Ages. Although in those days pilgrims would walk from their own homes from all over Europe covering many hundreds of kilometres and taking many weeks or even months to complete the trip wearing the scallop shell which is still the symbol for this pilgrimage. However, over the centuries pilgrims became fewer and fewer although they never



ceased completely and in recent years numbers have increased dramatically with people making the journey for a variety of reasons. For some it is simply an exciting walking holiday amid the beautiful Galician countryside and for others it is a walk on which they can reflect on their spiritual life along the way.

Whatever the reason it is a walk on which they can take time to rediscover a quieter pace of life. It was Robert Louis Stevenson who said, *'It is better to travel hopefully than to arrive.'* In our modern world we are all tempted to get somewhere rather than taking time to enjoy the journey. Deadlines have to be met, children picked up from school, tasks completed before the end of a busy day, even church business can become tasks that have to be finished before we feel we have done all that needs to be done. So the journey of a day becomes one long list of things that we feel we have to complete; places we think we have to reach. Pilgrimage then is a way to slow down and find time for thought, for reflection, for prayer. Walking too is a way of rediscovering a rhythm in which to do this which is why I think so many of us find peace and refreshment in walking.



Of course, we can't all head off to Spain on pilgrimage but we can all take time to enjoy the journey. To stop being so driven by what must be done and to enjoy the walk. On the Emmaus Road the two disciples didn't recognise Jesus until later; they missed the Presence with them on the journey. Each day we walk with God; we just need to take the time to allow ourselves to become aware of his presence and to enjoy the journey. *God Bless, Morris and Jan.*



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The Guild has had a 'guid' summer with between 12 and 16 members enjoying a monthly afternoon outing to places like Bijou by the Sea at Strathlene, Logie Steading out in the other direction and another lovely visit to Margaret Thomson's home in Clochan.

Mary Brander, Jean Scott  
and Betty Hay (right)

and Gay Cadenhead and  
Caroline Marquis (middle)  
ready to tuck in;

Beatrice Low (far right)  
eyeing the goodies in  
anticipation!



Our new session begins on Tuesday 26th September at 2pm in Speymouth Church Hall. We would love to welcome you at any of the meetings, afternoon or evening. Our theme is 'Go in Love'.

The annual subscription is £12 this year, which is very reasonable considering the extraordinary amount of guid work the Guild does both for the Church and the wider world. (The total accumulated for our 6 projects, at home and abroad, has reached an astonishing £478,676.01!) But feel free to come on a meeting by meeting basis, if something takes your fancy!

The programme up till 2018 is below.

26 Sep                      Dedication Service, Rev Morris Smith                      2 pm Speymouth

SATURDAY 7 OCTOBER                      GUILD SOUP & SWEET

10 Oct                      Sing round Scotland, Mrs Jan Smith                      7.30pm Bellie

24 Oct                      Dementia Friends, Wendy Menzies                      2 pm Speymouth

14 Nov                      'Round the world in 80 Plants' David Sharp                      7.30pm Bellie

19 – 26 Nov                      GUILD WEEK – Look out for various events!

28 Nov                      Malawi Fruits, Lorimer Gray                      2 pm Speymouth

12 Dec                      Christmas Meal                      Spey Bay Golf Club (tbc)



Warm congratulations to Janet Whyte who becomes the third member of Bellie & Speymouth Guild to be appointed Moderator of Moray Presbytery [Ann Bowie and Margaret King were the others] – it must be something in the tea! Liz Moir has taken over as Convener and Margaret King becomes Vice Convener, as Janet stands down from the Committee.



## CHURCH TEAMS

JOHN MCCONNACHIE

Bellie and Speymouth Church, despite not having a permanent Parish Minister, continues to flourish and in some ways, to grow. This is because we are blessed with a number of people in our church family who work quietly helping with various events in and around our church. Things don't just happen, they have to be organised and some events take a great deal of preparation – and sometimes, clearing up.



Being on a team can be a source of great satisfaction in that you are performing a service to the local community, making our church more vibrant, demonstrating the Christian spirit of service but above all, helping to spread God's Word within our community.

Some examples which we see:

The Welcome Teams – over the summer there have been several visitors to the church to worship with us on a Sunday. Almost without fail, these visitors have commented on the welcome they have received and the friendliness they have felt mixing with the congregation.

The Community Lunch Club – this continues to be a hugely successful venture with some twenty or so people enjoying not just the lunches but the time together, socialising with friends.

Bellie Babes – chaotic Friday mornings with kids playing together and some trying to escape from the hall while mums, dads, grannies, grandpas and other carers have some supportive time together.

Some examples we don't see:

The Property team – They work away trying to ensure the fabric of the buildings are maintained. This includes the gardens, paths dykes and all the other bits.

The Order of Service printing team – Each week they print out the Order of Service and distribute them to the places where they are handed out.

These are examples and there are several other teams without which our church would not operate as smoothly as it does.



However, some folk on these teams need help eg the Order of Service Team now has only three people. The more people who are on a team means less work for the individual members of the team. So come-on folks. Why not get involved? We need more helpers in almost all the teams, the Welcome Teams, the Sound Team, the OOS printing team are just some examples.



If you can help, speak to any of the Elders or those who you may know are on these teams – trust me – you will be most welcome.

## SCOTTISH COUNTRY DANCING

CATHERINE FETTES

The Scottish Country Dancing Class resumes in Bellie Church Hall on **Wednesday 13th September at 7.30 pm.**

Anyone wishing to come along and give it a try will be most welcome.



**Meat Free Monday**

This recipe is given to us from Kathleen Milne. If anyone has a recipe that they would like to share please get in touch with Avril.

**Lentil Lasagna**

1-2ozs butter, 1 chopped onion, 1 green pepper chopped, 6 ozs lentils, 14 ozs tin tomatoes, ½ pint vegetable stock, ½ pint milk, 2 tablespoons tomatoe puree, 1 teaspoon mixed herbs, 8 sheets lasagna, 2 eggs, 8 ozs natural yogurt, 4 ozs cheese.

Melt the butter in a saucepan, add onions, cook till soft,.

Add peppers, lentils, tomatoes, stock, ¼ pint of the milk, tomatoe puree, herbs and seasoning.

Bring to the boil, cover and simmer for 20 mins until lentils are tender.

Place half the lentil mixture in an 8x10 ovenproof dish and cover with lasagna – repeat the layers.

Whisk together the eggs, remaining milk and yogurt, stir in half the cheese and pour over the lasagna.

Sprinkle remaining cheese over the lasagna and bake for 35-40 minutes until golden brown (oven 220c /400f )

**Rag Bags** – The most recent collections from the Rag Bags have raised £108 and £27.20. Thank you for support by using the Rag Bag collecting container. If anyone has any difficulty in using the container please speak to the Eco team.

**Traidcraft** – Thank you for coming along and supporting us at the Speyfest craft tent it was an enjoyable day and gave us a good opportunity to promote Traidcraft. The sales table is available the last Sunday of the month so if you require anything please come through after the church service to see the goods. We have some tubs that are hand painted but they are made out of recycled tyres. Not only reusing a product that it is hard to dispose of but they have been turned into a thing of beauty, and are frost free. So please check them out next time. The new catalogues are out so if you wish to receive one please let us know. All products can be viewed and purchased on the Traidcraft website. As part of the church opening scheme if a month has 5 Fridays in it the last Friday the Traidcraft table will be available in the session room so please support us there.

**TRAIDCRAFT**

**Eco –congregation Highland and Moray Gathering.** – This took place on the 10th June in St Giles Elgin. There was about 25 people attended from churches in the area and it was a good opportunity to catch up with what other congregations are doing. There was opening worship led by Jenny Adam. A talk from David Bethune about Climate Change and some discussion. After lunch there was short presentations on the following. Traidcraft Tastings (by Avril), St Giles hot Water System, Zero waste and recycling, Lift sharing, The Forres Ecumenical group, and Supporting Refugees. After the final worship there was the opportunity to have a practical gardening activity or demonstration on recycled crafts. We also had our Traidcraft sales table at this event and did well.

# TRAIDCRAFT'S SUMMER QUIZ

How much do you really know about global poverty?



Answers on page 13 of this Kirk News edition

1. Which of these countries has the greatest number of people living in poverty?

Kenya \_\_\_\_ India \_\_\_\_ Senegal \_\_\_\_

2. What is the average life expectancy for people across the world?

51 years \_\_\_\_ 61 \_\_\_\_ 71 years \_\_\_\_

3. Across the world, the biggest killer of young people between ten and nineteen is ...

Lack of clean water \_\_\_\_ Road Traffic accidents \_\_\_\_ Malaria \_\_\_\_

4. Which country has the highest average income per person?

Botswana \_\_\_\_ Egypt \_\_\_\_ South Africa \_\_\_\_

5. Between 1990 and 2015 the mortality rate for children under 5:

Increased by 22% \_\_\_\_ Decreased by 53% \_\_\_\_ Decreased by 20% \_\_\_\_

6. In Bangladesh, how many people have left extreme poverty behind in the last decade?

6.5million \_\_\_\_ 16million \_\_\_\_ 21million \_\_\_\_

7. Which is the most generous country when it comes to proportion of income spent on aid and development?

Japan \_\_\_\_ Norway \_\_\_\_ Germany \_\_\_\_

8. What percentage of children across the world are enrolled in primary school?

37% \_\_\_\_ 68% \_\_\_\_ 89% \_\_\_\_

9. In 1965, woman across the world had, on average, 5 children. On average how many children do woman have today?

2.4 \_\_\_\_ 3.5 \_\_\_\_ 4.5 \_\_\_\_

10. After agriculture, what is the biggest employer in Nigeria?

Movies and Films \_\_\_\_ Oil Production \_\_\_\_ Fabric manufacturing \_\_\_\_

## GRATITUDE



## SUBMITTED BY GRACE HENDRY

With gratitude I remember the people, animals, plants, insects, creatures of the sky and sea, air and water, fire and earth, all whose joyful exertion blesses my life every day.

With gratitude I remember the care and labor of a thousand generations of elders and ancestors who came before me.

I offer my gratitude for the safety and well-being I have been given.

I offer my gratitude for the blessing of this earth I have been given.

I offer my gratitude for the measure of health I have been given.

I offer my gratitude for the family and friends I have been given.

I offer my gratitude for the community I have been given.

I offer my gratitude for the teachings and lessons I have been given.

I offer my gratitude for the life I have been given.



## HEAVEN'S GROCERY STORE

SUBMITTED BY ANN BOWIE

I was walking down life's highway a long time ago.  
One day I saw a sign that read, "Heaven's Grocery Store".  
As I got a little closer, the door came open wide,  
And when I came to myself, I was standing inside.  
I saw a host of ANGELS. They were standing everywhere.  
One handed me a basket and said, "My Child shop with care."

Everything a Christian needed was in that grocery store.  
And all you couldn't carry,  
you could come back the next day for more.

First, I got some PATIENCE. LOVE was in the same row.  
Further down was UNDERSTANDING,  
you need that wherever you go.

I got a box or two of WISDOM, a bag or two of FAITH.  
I couldn't miss the HOLY GHOST for it was all over the place,  
I stopped to get some STRENGTH and COURAGE  
to help me run this race.

By then my basket was getting full, but I remembered I  
needed some GRACE.

I didn't forget SALVATION, for SALVATION was free.  
So I tried to get enough of that, to save both you and me.  
Then I started for the counter to pay my grocery bill,  
For I thought that I had everything, to do my MASTER'S will.

As I went up the aisle, I saw PRAYER. I just had to put it in.  
For I knew when it's tough outside, I would run right into sin.  
PEACE and JOY were plentiful, they were last upon the shelf,  
SONGS and PRAISES were hanging near, so I helped myself.

Then I said to the Angel, "Now how much do I owe?"  
He smiled and said, "Just take them wherever you go."  
Again, I smiled and said, "How much do I really owe?"  
He smiled again and said, "MY CHILD, JESUS PAID YOUR  
BILL A LONG, LONG TIME AGO!"



## GETTING TO KNOW.....YOU!

### ABBY CANT

**I have been at Bellie/Speymouth....**since I was 1. I went to Speymouth from the age of 1 till 12 and then the last 3 years at Bellie.

**I came to Bellie/Speymouth because.....**I have always gone from an early age and haven't really known any different.

**One thing I enjoy about Bellie is...**the friendliness of the church.

**I find a lot of joy in....**playing my French horn in various bands and orchestras and going on a good long walk with my dogs.

**If I won the lottery I would.....** donate a substantial amount of it to ward 8 at Dr Gray's in honour of my Granda and the rest I would split between my family and me.

**If I was stranded on a desert island and could have one luxury with me, it would be ...** salt and vinegar crisps. I absolutely love them!

**If I could travel anywhere in the world it would be to...** ICELAND! I went there on holiday two years ago and I fell in love with the place. So much so, I am almost fluent in Icelandic.

**The title of a book about me would be...** "The weird and wonderful life of me (so far)".

**If I was to create a piece of art, the subject would be...** a collage of the memorable dates in my life.

**If I could go back in time, I would travel to....** 2008, the year I went to Disneyland Paris, to relive the Disney Magic.





## **SPEYFEST CELTIC KIRK SERVICE      ISABEL MACLEOD      PHOTOS BY JEFF LOWNDES**

Once again this year we held a Celtic Kirk Service as part of the Speyfest Music Festival. We had over 300 folks in the tent on that Sunday morning! The service this year was on the topic of the Body of Christ and we were encouraged to work together for God. Rev Morris Smith led the service with Prof Grant Cumming and Rev Michael Last providing the reflective talks. Grant's magic rings went down really well with the younger audience. Children were able to do some themed activities too. The music for the service was provided by Colin McKay and Spider McKenzie, students from ETSU in Tennessee and Hannah Alexander, winner of the Speyfest Young Entertainer 2016 whilst the Bellie Worship Band led the singing. Folks from Gordon Chapel, St Mary's, St Andrews Lhanbryd and Bellie & Speymouth also participated in different ways to make it a truly ecumenical gathering.



Speyfest Sunday took on the theme of "Celtic meets Country" this year and the Celtic Kirk embraced this theme too with country style upbeat music and the line-dancers at the end. Over £700 was also raised for Christian Aid in the offering.

"Thank you" and "well done!" go to everyone who helped in any way to make the service a success. Here's to 2018!



### Speyfest Celtic Kirk Service by Lanie Sidney:

"I'd never been to the Celtic Kirk before, to be honest I'd avoided it as I wasn't sure what it entailed. The first thing that struck me was how welcoming and open it was, and how busy! The fusion between the Scottish and country was a perfect combination and the perfect example of unity. This theme was carried on, seamlessly throughout. Speakers

from different churches, using different methods to get the same message across. It was fun, interesting and uplifting. In such difficult times globally, it was reassuring to see all the local churches and people coming together, regardless of their denomination, background, age etc, to share in the gospel."





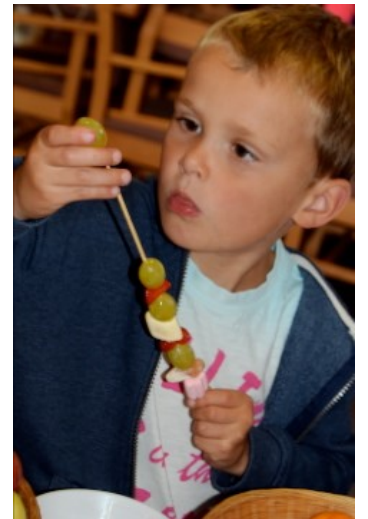
# HOLIDAY MESSY CHURCH WITH LUCY MOORE!

ISABEL MACLEOD

PHOTOGRAPHS BY ANNE MURRAY

What a wonderful afternoon we spent on 26th July at our Holiday Messy Church. We were delighted to welcome Lucy Moore, founder of Messy Church, along to share with us. She was lovely and just rolled up her sleeves and got on with being a part of things. The story was brought to life ably by her great technique and she also introduced us to actions for the Lord's Prayer which we have already used in our Holiday Club and a Sunday service.

The theme for the afternoon was Ruth and her friends, Naomi and Boaz, and almost 80 people joined us for fun, fellowship, games and crafts as well as the story and we finished off with afternoon tea!



We are grateful to Lucy and to everyone who came along and participated in the afternoon and a special thank you too to the Messy Church team for their preparations and support in so many different ways. We are indeed part of one big body of people and everyone had their specific part to play.



The next Messy Church takes place on **Saturday 23rd September from 2-4 pm** and will tackle the subject of being ready for Christ's return.

Please pray for all the families who come along regularly and that others would join us and be welcomed in too.





## TAKE NOTE

DENISE BROWN

PHOTOGRAPHS BY ANNE MURRAY



Our end of term BBQ was well attended, despite the rain. We had to have indoor games, but everyone had a good time, with plenty of food and ice-cream!



Take Note has re-started back after the summer holidays. Once again, due to the rain, we were unable to get outside for games. We look forward to some sunny evenings during September!



Take Note were asked to sing during the afternoon of the Spey Bay Hall Fete on Saturday, 19th August. Although we only had a very small group of children, they sang really well and everyone commented how happy they looked when singing and doing the actions.



Take Note meets on a Friday evening in term time, 6.30 to 8pm in Bellie Church Hall. It is for all children Primary 2 upwards, so if you know of anyone new in your area, do please bring them along. We are also looking for adult helpers so if you think you would be able to help, even if it's only for a couple of Fridays a month, please come along and see us one Friday evening.

## MORAY SUPPORTS REFUGEES

MARGARET MCINNES



In May, a small group of youngsters and parents delivered the pre-loved soft toys and sports equipment you so kindly donated during lent. The volunteers at Moray Supports Refugees have now packaged and sent all the items to the children in the refugee camps in Greece, Turkey and Lebanon. Thank you for support.

Although, not hitting the headlines quite so often these days, sadly the refugee crisis continues. Please continue to pray for all those fleeing from their homeland.

Lord of the journey, we ask for your protection on all who have fled their homes.

Give them strength on their journeys and grant that they may find places of compassion at which to rest. Ease their fear as they throw in their lot with strangers and keep alive their vision of finding a secure and welcoming home. Amen.

(Prayer taken from Church of Scotland Resources)



## SUNDAY CLUB 2017/2018 MARGARET MCINNES

The Sunday Club autumn programme will begin with a picnic breakfast in the church hall at 10.00am on Sunday, 3rd September. All youngsters, from tiny tots to teens are welcome.

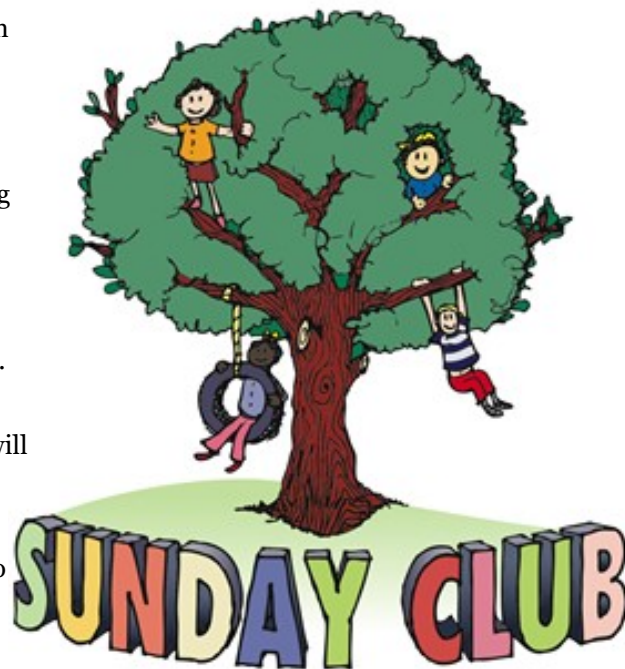
The bible stories we will be learning about this autumn are all about being on a journey and titles include—"Go Bless", "Go Share", and "Go Walk". There will be plenty of craft work and music to keep us entertained.

The Harvest Thanksgiving Family Service is on Sunday 3rd October 2017. Sunday Club will run during the October school holidays.

The Christmas Family Service is on 17th December 2017 after which we will have a little celebration in the hall with some cakes and a special visitor!

Sunday Club continues to support Water Aid. In the few weeks leading to harvest Sunday please remember to fill your life-giving water bottle with your loose change. Your saved pennies can be increased by 25% through Gift Aid. Gift Aid declarations for water bottles are available at the church door.

A big thank you to the Country Dance Group who raised a massive £222 for Water Aid.



In support of  
**WaterAid**

### THE NEW BBC

SUE PIANTA-SCOTT

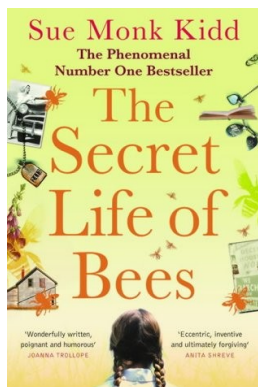
The Bellie Book Club began in the Spring with our first meeting discussing a book in May. We meet once a month on the second Friday of the month.



The idea of the Book Club was thought of by Joan Jones to be a constructive and interesting way of keeping an open door to the church on a Friday afternoon.

We have nine members who have given great contributions as they give their feedback on the books read.

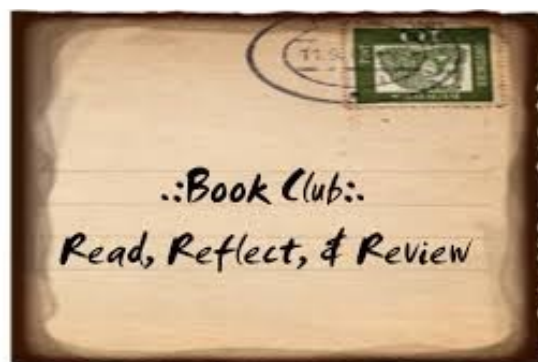
We had a list supplied by the Elgin Library who have been very helpful in delivering them to Fochabers for us. We choose which books on the list to read.



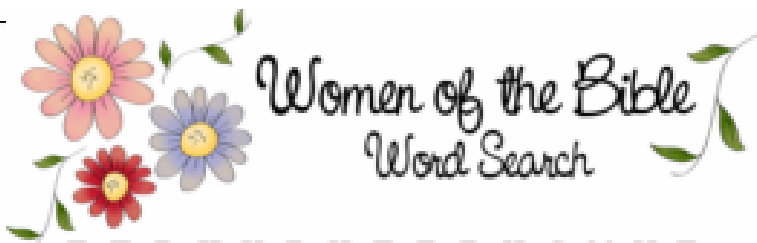
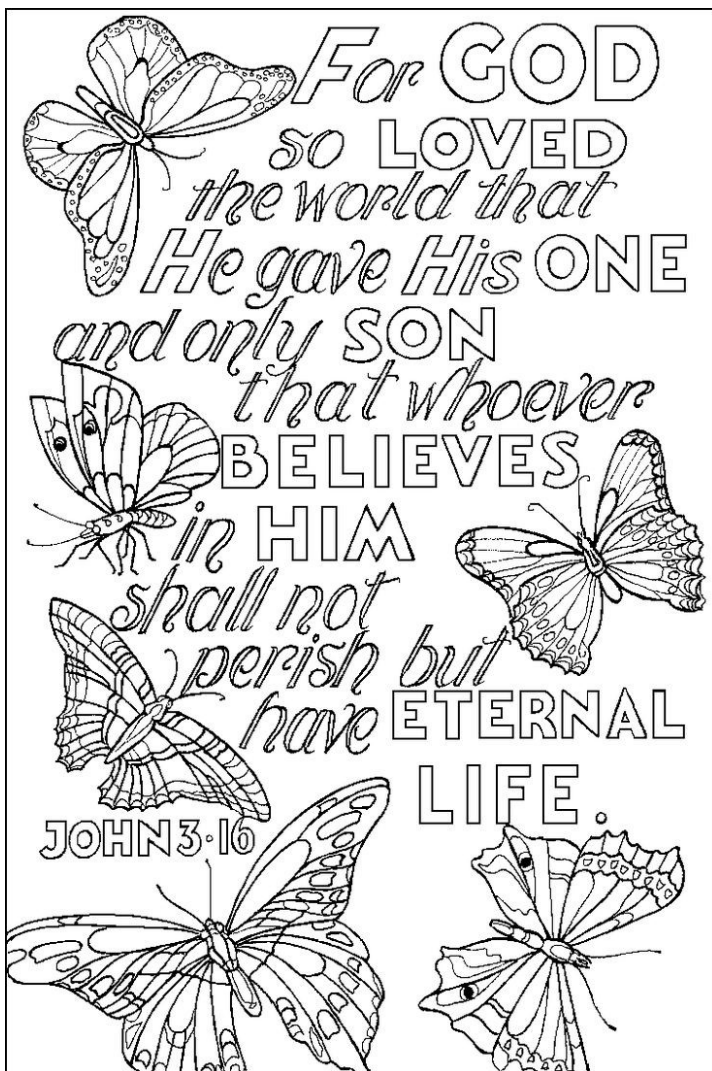
In some ways, one could argue, that it is not the book that is important in the group, but the discussion that ensues. It is always good to have a mixed reaction and our most recent book was The Secret Life of Bees by Sue Monk Kidd, which is very topical in the racist, white supremacy that we have been seeing of late in the news. (Charlottesville). The book is both shocking and gentle, loving, showing faith in humanity and covers a wonderful insight into the lives of bees.

I am looking forward to the future where we will be reading and sharing with each other, whilst having a cuppa.

Fellowship comes in many ways.



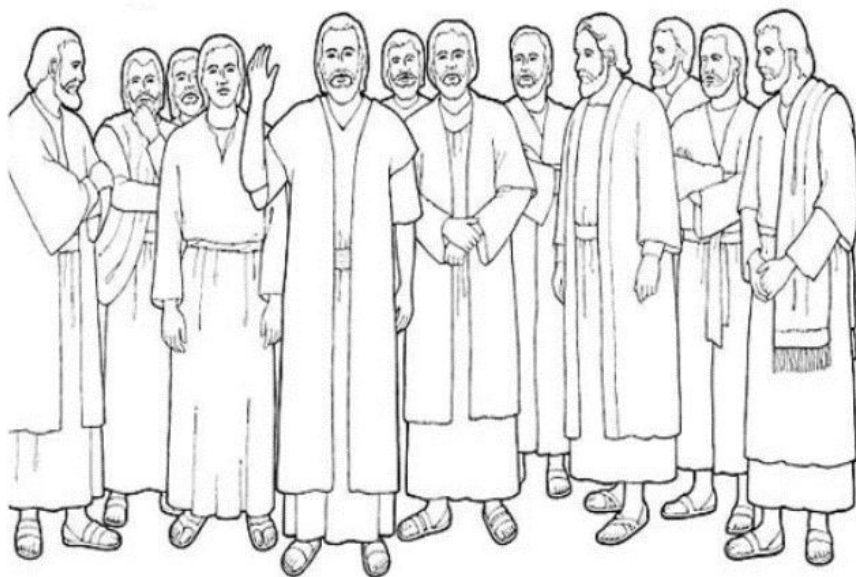




E E L W U P H F I P H S M K E  
F L N I H A A I T R A C H S S  
N D I E A N E D H I R X U M T  
K A B Z A G L D S S O J K C H  
O E O I A B I R A C B K O P E  
R O D M J B E B V I E I B K R  
P X F Y I M E S A L D U Q G Q  
A R R H U C A T M L H O F D V  
H A R O P P I Z H A L Y D I A  
M A P E P L H D L B A H A R L  
T I R H B A E I J E Z E B E L  
P O I A N E L H D H O E D Z R  
E R W N S E K I C U H C R X T  
A V A J D Z Z A Y A H T R A M  
S H E M R U T H H G R Z H W W

ABIGAIL	ESTHER	MARTHA	PHEBE	RUTH
DEBORAH	EVE	MARY	PRISCILLA	SAPPHIRA
DELILAH	HANNAH	NAOMI	RACHEL	SARAH
DIANA	JEZEBEL	LYDIA	RAHAB	VASHTI
ELIZABETH	LEAH	ORPAH	REBEKAH	ZIPPORAH

## The Twelve Disciples Matthew 10:2-4



**ANDREW - BARTHOLOMEW - JAMES -  
JAMES son of ALPHAEUS - JOHN -  
JUDAS - MATTHEW - PETER - PHILIP -  
SIMON - THADDAEUS - THOMAS**

## Thanksgiving Observance

Count your blessings instead of your crosses;  
Count your gains instead of your losses.  
Count your joys instead of your woes;  
Count your friends instead of your foes.  
Count your smiles instead of your tears;  
Count your courage instead of your fears.  
Count your full years instead of your lean;  
Count your kind deeds instead of your mean.  
Count your health instead of your wealth;  
Count on God instead of yourself.

-Author Unknown



**AWESOME!!!**

**TGIS**

**Teen Night**

**Sunday 3rd September 7 - 8.30pm**

**S1 – S6 welcome!!**

The first TGIS evening of the new session for young people at secondary school will be on Sunday 3rd September 2017. The teen night at our holiday club was a great success so we hope to see many of you there!

## Reaching Out for an Enthusiastic Minister

To help us continue on our journey of faith. To ensure that our worship is inspiring and relevant to all in our local communities. To facilitate greater Mission and Outreach locally, nationally and internationally. To nurture our young people & build a future faith for all.

### *Moray, Speyside, Coast & Country.*

The secret place to come for quality of life, space, freedom & a climate of it's own.... Sh!

Parish Profile available at  
[www.bellieandspeymouth.org.uk](http://www.bellieandspeymouth.org.uk)  
For further information please contact:  
Interim moderator - Rev. John Morrison 01343 550199

# EMERGENCY

## Bible Numbers

Upset?.....	John 14
Weak?.....	Psalm 18:1-29
Lonely?.....	Psalm 23
Sinned?.....	Psalm 51
Worried?.....	Matthew 8:19-31
Anxious?.....	Phil. 4:4-9
Unhappy?.....	Col. 3:12-17
In Danger?.....	Psalm 91
Depressed?.....	Psalm 27
Lack of Faith?.....	Exodus 14
Others Unkind?.....	John 15
Need Courage?.....	Joshua 1
Need Direction?.....	Psalm 73:21-26
Seeking Peace?.....	Matthew 11:25-30
Leaving on a Trip?.....	Psalm 121
Labeled an Outcast?.....	Romans 8:31-39
Struggling with Loss?.....	Luke 15
Struggling Financially?.....	Psalm 37
Discouraged with Work?.....	Psalm 126



**SUBMITTED BY  
GRACE HENDRY**

### THE GARDEN

*Come to the garden alone, while the dew is still on the roses...*

**FOR THE GARDEN OF YOUR DAILY LIVING PLANT THREE ROWS OF PEAS:**

1. Peace of mind
2. Peace of heart
3. Peace of soul

**PLANT FOUR ROWS OF SQUASH:**

1. Squash gossip
2. Squash indifference
3. Squash grumbling
4. Squash selfishness

**PLANT FOUR ROWS OF LETTUCE:**

1. Lettuce be faithful
2. Lettuce be kind
3. Lettuce be patient
4. Lettuce really love one another

**NO GARDEN IS WITHOUT TURNIPS:**

1. Turnip for meetings
2. Turnip for service
3. Turnip to help one another

**TO CONCLUDE OUR GARDEN WE MUST HAVE THYME**

1. Thyme for each other
2. Thyme for family
3. Thyme for friends

**WATER FREELY WITH PATIENCE AND CULTIVATE WITH LOVE. THERE IS MUCH FRUIT IN YOUR GARDEN BECAUSE YOU REAP WHAT YOU SOW.**





## TRAIDCRAFT QUIZ—ANSWERS

FOR QUESTIONS ON PAGE 5

1. India - has around 360 million people living in poverty.

2. 71 years - Thanks to increased availability of healthcare, vaccinations, and better survival rates for babies and children, the average life expectancy has increased dramatically over the last 100 years.

3. Road traffic accidents are the single biggest killers of young people over ten.

In 2015, more than 1.2 million adolescents died, and road injuries were to blame for about one in 10 of these deaths, according to reports published by the World Health Organisation.

4. Botswana is an upper-middle income country, and its education expenditure is among the highest in the world, at around 9% of GDP. (The UK spends about 5%). It is politically stable, with one of Africa's most advanced banking systems, and rich in natural resources, such as diamonds and uranium.

5. Decreased by 53%. The good news is that child mortality rates decreased by an amazing 53% between 1990 and 2015, thanks to things like vaccination programmes, better healthcare, and improved nutrition. (World Health Organisation).

6. 16 million. Bangladesh has made remarkable progress in lifting 16 million people out of extreme poverty over the last decade, and has reduced inequality significantly.

7. Norway. Norway is the most generous country in the world in terms of proportion of income spent on aid – it spends 1.11% of its gross national income on aid and development programmes. The UK is committed to spending 0.7% of gross national income.

8. 89%. Of children are enrolled in primary school, according to 2014 World Bank Data, although the quality of education available varies hugely.

9. 2.4. Women now have on average 2.4 children. The biggest factors in this reduction are better living standards, decreased mortality rates and greater access to birth control.

10. Movies and films. Nigeria's film industry employs over one million people, and produces around 50 movies each week. It's known as Nollywood, and in 2014 the Nigerian government released data showing that it is a \$3.3 billion industry.



# Brew & Blether

## BREW AND BLETHER

GRACE HENDRY

The Brew and Blether team welcomes you to Speymouth Church Hall on the first Friday of each month—the next time is 1st September, 2pm till 3.30pm.

Hope to see you there!

## FUNERALS



21st June	Alex Cowie	Fochabers
6th July	Reta Strachan	Mosstodloch
8th July	Alex Riddell	Mosstodloch
14th July	Margaret McBain	Mosstodloch
7th August	Mary (Moira) Hynd	Mosstodloch



# GUARDIANS OF ANCORA—TREASURE SEEKERS HOLIDAY CLUB 2017

DENISE BROWN

PHOTOGRAPHS BY ANNE MURRAY

Well, what a great week we had, busy, but great fun! We had 50 children attending the club, from both Milnes Primary and Mosstodloch Primary Schools and the children have had great fun mixing and making new friends.



Our Holiday Club Team really enjoyed getting to know the children during the week. The children enjoyed searching for the treasure each day to unlock the day's bible story, which was then shown by DVD. You may have seen some of the crafts displayed in the hall before the children got to take them home. There were angels, sheep, hands and boxes made into gardens.

The Holiday Club ran for four mornings, Monday to Thursday this year, ending with a family picnic in the church garden on Thursday lunchtime. It was a lovely sunny day and the children enjoyed playing in the garden after their lunch. Our teen helpers set up a treasure hunt around the garden which was great fun.

Holiday Club doesn't just happen every year. It takes a lot of planning and a large team of helpers, each with different talents to bring to the team.



The drama each day was presented by the younger teens, who had become helpers for the first time this year. The girls did really well and the children enjoyed watching them, especially when the boulder was chasing them! The older teens helped out in the groups, with the boys organizing the games and sound. We are so fortunate to have so many keen young helpers at Bellie & Speymouth Church.

This year we re-introduced the Teen Night on Wednesday evening which was led by Henri Archibald and Emma Campbell, ably assisted by Isabel MacLeod and Ruth Lambourne, not forgetting the pancake maker, Ann Bowie! The teens enjoyed their evening together and we are hoping to start a monthly Teen Night very shortly.

We asked the children what they had enjoyed most at holiday club and below are a few of their replies:

I really enjoyed  
doing the drama  
and being a helper.  
Lauren Bews, S1

I enjoyed arts and  
drama at holiday club.  
Amelia Lockhart, P6

I enjoyed the crafts, the  
drama, the snacks and the  
games at Holiday Club.  
Chloe, P2

Learning the songs was my  
favourite part as they are all  
really good and lively.  
Alex Lambourne, P3

I loved my first time at Holiday Club and  
enjoyed everything! Aiden Lambourne, P1

Making angels is the  
part I enjoyed most at  
Holiday Club.  
Kieran, P2

I enjoyed the drama  
and making the crafts.  
Ethan Lambourne, P5

What I enjoyed most at  
holiday club....everything!  
Nicole Smith, P5





# PHOTO SPECIAL!





## YOUNG CHURCH PICNIC

MARGARET MCINNES



Shiver, shiver!!!!!!!!!!!!!!

Saturday, 24th June and 34 brave people enjoyed fun and friendship as well as an ice cream or two and a dip in the sea on a very cool and blustery Lossiemouth beach.

Thank you to all those who came along to this memorable event!



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Editor by 11th November  
2017 at the latest.

Scottish Charity Number  
SCO05310

## JORJA AND KATHRYN BELL - A CELEBRATION!

MARGARET MCINNES

It was a delight to mark Jorja and Kathryn's transition from primary to secondary school by the presentation to both girls of Youth Bibles by Mrs Ann Bowie.

Ann is not only church elder to the family but also Godmother to Jorja and Kathryn.

We pray Jorja and Kathryn will be richly blessed through their teen years and continue to worship with us Sunday by Sunday.



May the Lord bless you and protect you.

May the Lord smile on you and be gracious to you.

May the Lord show you his favour and give you his peace.

Numbers 6:24-26 New Living Translation